



**The Simkin/Weinberg Resident Council
Minutes**

**Thursday, March 22, 2018
1:30 p.m.
Boardroom**

ATTENDANCE

Simkin Centre Staff:

Cindy Greenlay – TR & Support Services Mgr (Facilitator)	X	Alanna Kull – Director of Care	X
Irwin Corobow - CEO		Sara Reid – Assistant Director of Care	
Food Services – Valerie Burachynsky		Janet Conrad – Executive Assistant	X

Board of Directors:

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Guests:

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Call to Order:

Cindy Greenlay called the meeting to order. The February 2018 meeting was cancelled.

1. Welcome & Introductions:

- Cindy introduced herself. Those present introduced themselves.
- She stated that the items placed on the agenda are items that are carried over from previous months, or items that have been brought to her attention by residents. Items stay on the agenda until they are resolved. We don't always get the outcomes we want, but agenda items will always be addressed.
- There is always going to be a difference of opinion during our meetings. That is a good thing. Cindy reminded residents that we want everyone to be respectful of other opinions.

2. Budget – January 2018: The beginning balance for January was \$2,097.54. The monthly interest earned from the resident trust accounts was \$53.99. The expenses were \$125.00 donation to Siloam Mission and \$125.00 donation to Salvation Army. The ending balance was \$1,900.53.

Cindy stated that Resident Council pays for Harry the Canary. The Simkin Centre pays for the fish and fish food.

The Council needs to spend more money. We should only have about \$1,000 in our account. Residents will think about items to purchase that will benefit most everyone. Resident Council also sponsors the Resident Welcome Baskets.

A suggestion was made to purchase wind chimes for the gardens. Another suggestion was made to purchase stepping stones with happy messages on them and to place them in the gardens.



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On March 21st, the Resident Council sponsored the Cancer Society Daffodil Fundraiser. We raised \$428.00. Resident Council purchased 12 bunches of Daffodils to put on the units.

3. Correspondence:

- Two letters were prepared and read out loud. The letters were circulated for resident signatures and will be mailed after the meeting.
- A resident requested that a thank you letter be sent to the company installing the new call bell system. She said that they were very polite and professional. They cleaned up after themselves.

4. Tuck Shop Review:

- Cindy asked residents what they thought about the Tuck Shop and the items that were sold on Sundays (2-4pm).
- Cindy read a list of items being sold, at this time.
- Some of the suggestions by residents were:
 - *Combs
 - *Tooth Brushes
 - *Tooth Picks

5. Rabbi Green Farewell Party:

- This took place on March 8th. Selma Smordon was thanked for saying a few words on behalf of the Resident Council.

6. Passover:

- Cindy reviewed the Passover schedule with residents and answered questions.
- She reminded residents that they can eat what they want in their room, but that they should not bring that food into the Dining Room.

7. Easter:

- An Easter Supper is planned for Tuesday, March 27th for residents who wish to participate.

8. Yom Hashoah:

- This is Holocaust Remembrance. Barb in our Spiritual Health Department will be conducting this service along with Michael Eskin. This will take place on April 12th.



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9. New Call Bell System Update:

- The system has been installed in the Simkin and Weinberg buildings. They still need to do a little more work around the main common areas.
- The next step is education about the system with staff. Once this is done, residents will be shown the system.
- Cindy explained the way the system works.
- She answered several questions.

10. Tub Room – Resident Showers Upgrade:

- Cindy will be meeting with an interior design company to get their input on options to improve the rooms.
- Once we receive a cost estimate, this item will be placed on our “Wish List” for a fundraising initiative. It would be nice to receive a donation for this project.

11. Resident Council Terms of Reference:

- It has been a few years since these were reviewed. Cindy read them out loud.
- There were a few changes made to reflect how the meetings are now being conducted and how the minutes are distributed.
- **The Resident Council approved the Terms of Reference with the suggested changes.**

12. Resident Decision Making – Update:

- Alanna reported that we have one resident on Weinberg 3 who is now their own decision maker. She explained that when you move into a personal care home, you have to give us a number one contact. Most people pick their spouse or their children to be their decision maker. What we are trying to do at the Simkin Centre is to make sure that your substitute decision maker doesn't get invoked if you are able to make your own decisions.
- What currently happens when you move into a personal care home is that your substitute decision maker gets invoked automatically.
- So far, the first person we started this with seems to be working well. We anticipate that there will be some family members who won't be very happy about being removed as the number one contact. We are now ready to expand to more residents. We think that we have about 15 to 20 people living here that can be their own decision maker.
- Further, if there is a change in your mental capacity, we would then have to take a look at putting your substitute decision maker back in the number one spot.



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13. Reports:

13.1 Nursing Department

- Alanna reported that the Centre is preparing for the Manitoba Health Standards in May. She explained to residents what will happen.
- She talked about using a new kind of sheet to turn residents. This “Sliding Sheet” will be started on Simkin 1 and then rolled out to the rest of the facility.

13.2 Spiritual Health Department and Therapeutic Recreation

- Both departments are preparing for Passover and Easter events.
- The Therapeutic Recreation Department has purchased a SmartTV. This will be used by the recreation staff for unit programs. Many times staff use their iPads – but now they will be able to hook them up to a large TV so residents will be able to see shows better.
- Cindy reported that she has applied for a grant with the government for summer students again.

13.3 Dietary Services Department

- Cindy reminded residents that the Passover menu will begin on Friday. She explained that residents can keep whatever food they wish in their rooms, but cannot take it into the Dining Rooms.

14. Beefs, Bouquets, and Suggestions:

- Residents complained about the thin napkins. They only get one napkin and the napkin is very thin and doesn’t do a good job.
- Residents asked the kitchen to shake the oil and vinegar dressing before they pour it on the salad. Dressing they get on their salad is mostly oil. Because it isn’t shaken, the spices and vinegar does not pour with the oil. The food services will be informed.
- A resident said that the towels are too rough. That they are very rough on the skin. The towels are laundered off site through the WRHA. It was suggested to send them a letter informing them of this.

NEXT MEETING: April 19, 2018 – 1:30pm in the Boardroom